

SUNDAY 2nd December 2018 Malham Ramble: Map OL2



'B' WALK

Route Leader: Cherry Childes

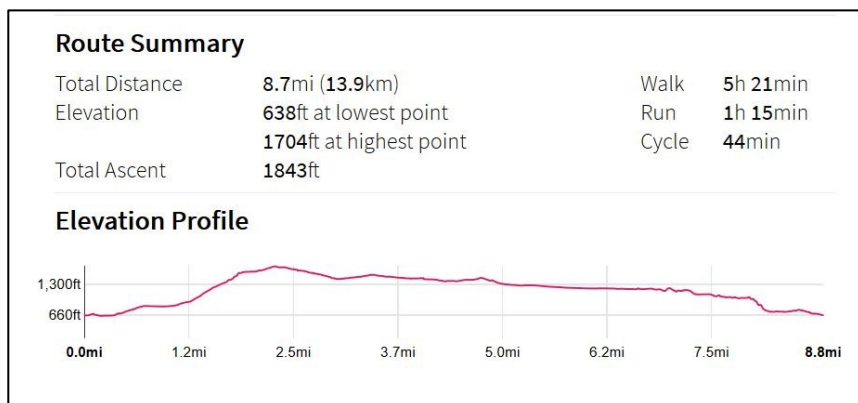
Walk Description: Malham to Nappa Cross, Langscar, Gorebeck and Malham Tarn. Return via Ing Scar Crag and Malham Cove.

Walk Stats:

9.2 miles 1850 ft total Ascent.
Duration is approx. 5 hours.

Difficulty: 176 POINTS: MED B / EASY A. Longest sustained ascent is 900ft over 1 mile (1 in 6 or 17%)

Average Pace required is 2.2 mph (assuming a 30 min lunch break)



START 10:30

FINISH 15:30

COACH DEPARTS: 16:00

SUNSET: 15:50

ALL WALKERS WISHING TO JOIN THIS WALK SHOULD PRINT NAME BELOW
