

'C' WALK



Route Leader: Allan Clarke

Walk Description:

Blawith on A5084 to Torver Common via Beacon Tarn and Stable Harvey Moss. Cumbria Way to Coniston on lakeside path.

Walk Stats

8 miles, 1650ft total ascent, Duration approximately 6 hours.

Difficulty

Moderate (120 point) walk; this should be considered a **HARD C / EASY B**. Longest ascent is 500ft over 1 mile.

May be some rocky and boggy sections to please be prepared.

Average Pace required is 1.7mph (assuming a 30 min lunch break)

Route Summary

Total Distance	8.1mi (13.0km)	Walk	4h 25min
Elevation	142ft at lowest point	Run	1h 10min
	613ft at highest point	Cycle	41min
Total Ascent	1664ft		

Elevation Profile



START TIME: 10:15

FINISH TIME: 16:15

COACH DEPARTS: 18:15

SELF FIND MEAL

ALL WALKERS WISHING TO JOIN THIS WALK SHOULD PRINT NAME BELOW
